



RESOURCES
FOR YOUR
CANCER
JOURNEY



www.carymedicalcenter.org



www.facebook.com/PinkAroostook

Welcome to Pink Aroostook,

We offer education and support to help you through this journey. Empowering yourself with the knowledge of what your diagnosis means, the treatment plans available, and that you are the person making the choices for your body.

Survivorship is the future beyond your immediate cancer treatment plan. We can help answer any questions that you may have about how to talk to your family about your diagnosis, how to stay healthy through diet and exercise, your sexuality after surgery and treatment, and about your emotions as you heal.

Pink Aroostook can assist you financially by providing you with a \$300 stipend and \$75 gas card. However, we understand that this is not nearly enough to ease the financial burden that comes along with fighting cancer. So, we have pulled together this resource guide of other organizations who can aid you during this time.

If you have any questions, please feel free to reach out to me at hana.boucher@carymed.org or (207)-498-1634.

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Lodging

Sarah's House of Maine: Holden, ME

(207) 973-7478,

www.sarahshouseofmaine.org

- Sarah's House is a place where CancerCare of Maine patients can find a home away from home while undergoing their treatments. All patients must be referred by the patient advocate team at CancerCare of Maine (Brewer).

Best Western White House Inn: Bangor, ME

155 Littlefield Avenue,

www.bestwestern.com/en_US.html

- To receive the 20% Joe's House discount book online using Joe's House code 01402610 in the Corporate ID field. The same code must be used when calling the toll free line. Do not contact the hotel directly.

Joe's House is a nonprofit organization that helps cancer patients and their families find a discounted place to stay when traveling away from home for medical treatment.



Bangor, ME

Lodging

Arbor House: Lewiston, ME

(207) 795-2691,

www.cmhc.org/cmmc/patients-and-visitors/arbor-house/

- The Located near Central Maine Medical Center in Lewiston, Arbor House provides lodging for patients and their families. It has five bedrooms on the first floor and two-bedroom apartments on the second and third floors.

Clayton's House- Portland ME

877-336-7287,

www.dempseycenter.org/about/locations-hours/claytons-house/

- Clayton's House is just a few minutes from both Maine Medical Center and Mercy Hospital. To qualify to stay here at no cost you must live 30+ miles away and get referral from your healthcare provider

Gary's House- Portland, ME

207-535-1320

- Gary's House provides a safe and affordable short term hospitality home for individuals who have a loved one receiving medical treatment. Room fees are from \$15 a night, per room. Need referral from your healthcare provider.



Portland, ME

Lodging

AstraZeneca Hope Lodge: Boston, MA

(617) 396-5514 or (800) 227-2345,

www.cancer.org/treatment/support-programs-and-services/patient-lodging/hope-lodge/boston/about-our-facility.html

- The AstraZeneca Hope Lodge offers a free place to stay for patients who travel to Boston for treatments.

The Neely House: Boston, MA

617-636-0716

- This house is for patients/family members/caregivers of Tufts Medical Center only. All patients must be ambulatory and accompanied by a caregiver. Rates are \$50 per night, contact Tufts Medical Center Social Work Department.

Christopher's Haven: Boston, MA

www.christophershaven.org/

- Apartment From \$30/Daily, 1 Emerson Place #2N

MGH Beacon House: Boston, MA

617-726-7679

- Accommodations: \$40-\$50 per night private bedroom with a shared bathroom and kitchen OR \$69-\$118 per night small studio with private bathroom and kitchen.



Boston, ME



Transportation



Angel Flight Northeast
(800) 549-9980,
www.angelflightne.org

Arranges free flights to those requiring access to medical care.



Corporate Angel Network
914-328-1313,
www.corpangelnetwork.org

Transports patients to the hospital at which they need to be in order to receive treatment.



Patient AirLift Services
www.palservices.org/

Arranges volunteer medical flights and free air transportation in the greater Northeast region.



Transportation



Road To Recovery

Road to Recovery

(800) 227-2345,

www.cancer.org/treatment/support-programs-and-services/patient-transportation.html

Provides free transportation to treatments through the American Cancer Society.



Penquis Transportation Services

(207) 973-3695,

www.penquis.org/services/transportation

Provides rides or mileage reimbursement for medical treatment of cancer, diagnostic services, and support groups.



Mercy Medical Angels

www.mercymedical.org/

Provides assistance to financially qualifying patients in the air with commercial airline tickets and volunteer pilots and on the ground with gas cards, bus and train tickets.

Prosthetics & Wigs



Angel Hair Inc

www.angelhairforcancer.org/

Angel Hair supports the healing powers of appearance while respecting each person's dignity and privacy during all services. They provide 100% no cost wigs to women suffering hair loss due to cancer drugs and/or treatments.



Knitted Knockers

www.knittedknockers.org

Knitted Knockers are soft, comfortable knit prosthetics for breast cancer survivors. Knockers are provided for free and can be ordered through the national website.



Breast Cancer Freebies

www.breastcancerfreebies.com/

The Breast Cancer Freebies website provides information and links to many organizations who offer free wigs, hats, make-up, house cleaning, transportation, and more.



American Cancer Society

www.tlcdirect.org/collections/mastectomy-bras

Prosthetics & Wigs



Good Wishes

www.goodwishesscarves.org/request-a-wrap/

Good Wishes donates a free cotton wrap or scarf to anyone who has hair loss as a result of cancer treatment.



PINK HEART FUNDS
Caring for all
WITH CANCER

Pink Heart Funds

www.pinkheartfunds.org/our-programs

Pink Heart Funds offers breast forms and post-mastectomy bras to women who are uninsured or underinsured and have breast cancer.



Pink Warrior Advocates

www.anaono.com/pages/bra-assistance-program

Pink Warrior Advocates, in partnership with AnaOno, sends comfortable and specially designed bras free to women post-surgery for breast cancer based on financial need.

Wellness



Casting for Recovery

(888) 553-3500

www.castingforrecovery.org

Casting for Recovery provides healing outdoor retreats for breast cancer patients & survivors, at no cost to the participants



Christine B. Foundation

Christine B. Foundation

www.chrisbfund.org

The Christine B. Foundation supports those facing cancer by extending access to healthy food, nutritional information, and community connections essential to their strength and comfort. CBF offers no-cost nutrition assistance for pick up or home delivery, coordination of care, and cancer navigation services

TOWER CANCER RESEARCH FOUNDATION'S



Magnolia House

www.magnoliahouse.towercancer.org/

As Tower Cancer Research Foundation's flagship survivorship program, we provide an array of free fitness, therapeutic, and holistic classes to help participants optimize quality of life.

Prescription & Insurance



PAN Foundation

(866) 316-7263

www.PANFoundation.org

The Patient Access Network (PAN) Foundation provides co-payment assistance to underinsured patients with chronic diseases, including breast cancer. Qualified patients will be granted up to \$7,500 per year.

Maine Health

(877) 275-1787

MaineHealth

www.mainehealth.org/Patients-Visitors/Billing-Insurance/Financial-Assistance/MedAccess

MaineHealth MedAccess Prescription Assistance Program provides help with paying for prescription medications.



The Assistance Fund

The Assistance Fund

(855) 845-3663

www.tafcares.org/patients/patient-resources/

The Assistance Fund offers financial assistance to eligible people who need help covering out-of-pocket treatment costs, including co-pays, health insurance premiums, and incidental medical expenses.



BuzzRx

Buzz Rx

www.BuzzRx.com

BuzzRx App (free)

Searches for the lowest price on your prescription at a nearby pharmacy

Financial Stipends



Susan G. Komen Foundation

1-877-465-6636

www.komen.org/financial-assistance-program/

- Stages 0-3

\$500 is available for eligible individuals with earlier-stage breast cancer (stages 0-3).

- Stage 4

\$750 is available for eligible individuals with metastatic breast cancer (stage 4), which is cancer that has spread to other parts of the body such as the bones, lungs, liver or brain.



Pink Aid

www.pinkaid.org/pink-aid-pink-purse/

Pink Aid is the only national organization providing compassionate support and rapid emergency financial assistance within 48 hours to breast cancer patients in treatment. Social Workers must submit all applications.



CANCERcare

Over 75 Years of Help and Hope

Cancer Care

www.cancer.org/

Cancer Care is a nonprofit that offers free support and resources for cancer patients and their caregivers. They offer counseling (including via phone or online), support groups, "Connect Education Workshops (TM)", publications, financial assistance, co-payment assistance, and more.

Financial Stipends



Expect Miracles Foundation

www.expectmiraclesfoundation.org/samfund/

Expect Miracles Foundation's SAMfund Grants program offers direct financial grants to young adults between the ages of 21 and 39 with a history of breast cancer.



Cancer + Careers

www.cancerandcareers.org/en/resource/financial-assistance-grants

Cancer and Careers gives a one-time financial grant of \$250 to people receiving treatment for cancer as well as people with a history of cancer to cover living expenses such as utilities and other bills, technology, training, or skill development.



United Breast Cancer Foundation

www.ubcf.org/programs-services/individual-grants/

United Breast Cancer Foundation's Individual Grant Program supports people who are receiving treatment for breast cancer or who have been in remission for three years or less by covering expenses such as medical procedures, prescription medicines, COBRA insurance coverage, housing expenses, utilities, transportation costs, and car insurance payments.

Financial Stipends



Infinite Strength

www.infinitestrength.org/apply-for-aid

Provides grants to help cover rent or mortgage costs for six months for underserved solo parents diagnosed with metastatic breast cancer.



Allyson Whitney Foundation

www.allysonwhitney.org/grants/

Offers Life Interrupted Grants of \$500 to \$1,500 to young adults between the ages of 16 and 36 diagnosed with breast cancer who are in active treatment or who finished active treatment within the past 10 months.



www.cancercardxchange.org

Cancer Card Xchange

www.tteal.org/learn/gas-grocery-cards/

Distributes one-time gifts of various gift cards to verified cancer patients.

Financial Stipends

MaineHousing
MAINE STATE HOUSING AUTHORITY



Home Energy Assistance Program

207.764.3721

www.mainehousing.org/programs-services/energy/energydetails/liheap

Citizen's Energy: Fuel Oil Assistance

1-877-564-4645

www.citizensenergy.com



2-1-1 Maine

2-1-1

www.211maine.org

2-1-1 Maine is a comprehensive statewide directory of over 8,000 health and human services available



Edgar J. Paradis Cancer Fund

www.paradiscancerfund.org/

Edgar J. Paradis Cancer Fund: A fund available to help St. John Valley residents with transportation costs associated with cancer treatments.

Financial Stipends



Dempsey Center

www.dempseycenter.org/

Dempsey Connects offers virtual services, they provide nutrition and fitness consultations and classes, adult counseling and support groups, youth and family counseling and programming, complementary therapies, educational workshops, and meditation and mindfulness classes.

Additionally, Clayton's House is their hospitality home in Portland Maine, offering lodging for those who have to travel 30+ miles for their cancer treatment. All services and programs are provided at no cost.

Brian's Ride CANCER FUND



Brian's Ride

Please contact the Jefferson Cary Cancer Center of Cary Medical Center at 207.498.1370 to inquire about guidelines and an application.



Local Counseling Services

Maine Mothers Network (AMHC)

800-244-6431

Caribou- 43 Hatch Drive

Fish River Rural Health

207-834-3837 ext. 403

Eagle Lake- 10 Carter St.

Fort Kent- 12 Bolduc Ave.

Madawaska- 309 St. Thomas St., Suite 213

Healing Hearts, LLC

207-492-1000

Caribou- 7 Prospect St., Suite 160

Katahdin Valley Health Center

866-366-5842

Houlton- 59 Bangor St.

Patten- 30 Houlton St.

New Day Counseling

207-492-1130

Caribou- 20 Old Van Buren Rd.

County Behavioral Medicine

207-554-2600

Presque Isle- 34 North St., Suite 6

Psychology Today

www.psychologytoday.com/us/therapists

If you type your zip code into this website, it will show you therapists in your area & their availability

Internet Resources

- American Cancer Society- www.cancer.org
- Back in the Swing- www.backintheswing.org
- Cancer Care- www.cancercare.org
- Cancer Legal Resources-
www.cancerlegalresources.org
- Centers for Disease Control/Survivorship-
www.cdc.gov/cancer/survivors
- Journey Forward- www.journeyforward.org
- Komen for the Cure- www.komen.org
- Livestrong Foundation- www.livestrong.org
- National Breast Cancer Foundation-
www.nationalbreastcancer.org
- National Cancer Institute- www.cancer.gov
- National Coalition for Survivorship-
www.canceradvocacy.org
- The Gathering Place-
www.touchedbycancer.org

Stronger



Together